Information on domestic violence - for non-Cantonese speaking battered women

Respect, Equality and Harmony Campaign

Language:
- English
- Nepalese
- Urdu

www.harmonyhousehk.org

NO one has the right to abuse you
Are you being abused?
1. Are you ever afraid of your partner?
2. Has your partner ever pushed or hit you, thrown things at you, or forced you to have sex?
3. Has your partner ever threatened to harm you or someone close to you?
4. Does your partner frequently insult, intimidate or humiliate you?
5. Does your partner control all the finances and force you to account for what you spend?
6. Do you feel controlled or isolated by your partner?

If you answered 'yes' to one or more of the above, you may be abused. Help is available.

What can you do if you are being abused?
• Call HARMONY HOUSE at 2522 0434 (24-hour) to seek help
• Call the POLICE at 999 if you are in danger
• TALK with someone you trust
• SEARCH more information about Domestic Violence and Services of Harmony House from our website - www.harmonyhousehk.org

Remember the abuse is NOT your fault
Remember abuse is a CRIME and must be stopped
Remember that you have a right to be SAFE