



燃點希望

和諧萬家

Kindle Light Of Hope
Foster Family Harmony



和諧之家
HARMONY HOUSE

和諧之家

成立於1985年，是全港第一間為受虐婦女及其子女提供庇護服務的機構。至今已發展成為一站式的家暴防治中心，以多元化預防、治療及發展性服務，協助受家暴影響的家庭，並透過不同類型的社區教育活動，推廣和諧健康的家庭關係。機構更為跨專業人士提供培訓，並倡議政策及法律改革。

Harmony House was established in 1985 as the first shelter for abused women and their children in Hong Kong. Today, we have developed into a one-stop anti-domestic violence service agency, with a wide range of preventive, therapeutic and developmental programmes to help families affected by domestic violence. We also organise community education programmes, promote harmonious and healthy family relationships, provide training to multi-disciplinary professionals and advocate for policies and legislations on behalf of victims of violence, their families and communities.

願景 Vision

- 一個建基於和諧、關懷、互相尊重的社群。
- 一個零容忍家庭暴力的社會。
- 一個能培育各階層人士回饋社會的環境。
- A harmonious and stable community built on sound family values of harmony, care, mutual respect and responsibility.
- A community for "Zero Tolerance to Domestic Violence".
- A community that can protect the abused and provide an environment that nurtures emotionally strong individuals who can contribute to the society.

使命 Mission

- 以多元化手法，針對家庭暴力的社會問題，致力提供以家庭為本的預防及治療性服務，推廣和諧及健康的家庭關係。
- 透過輔導及危機介入，主動接觸及關懷有需要的受害家庭。
- 透過社區教育，令公眾人士改變對家庭暴力的錯誤觀念與態度，增進處理家庭暴力的正確知識與技巧。
- To tackle the social problems of domestic violence using diverse approaches, and promote harmonious and healthy relationships in families with a comprehensive range of preventive and therapeutic services.
- To contact and reach out to families in need through counselling and crisis intervention.
- To change the misconception and incorrect attitude towards domestic violence through community education, impart appropriate knowledge and skills handle domestic violence.



本會服務 Our Services

家暴防治工作

Preventive and Therapeutic
Services of Domestic Violence

治療性服務

Therapeutic Services

婦女及兒童庇護中心
Shelter for Women and Children

- 短期緊急住宿服務
- 個案及小組輔導
- 社區資源資訊及轉介
- 離舍後跟進及支援
- Temporary and emergency refuge services
- Casework and group counselling
- Community resources and referrals
- Aftercare services for discharged residents

服務對象： 受虐婦女及其子女、13-17 歲的受虐少女（必須為香港居民及合法留港人士）

Service Target： Abused women and their children, teenage girls ages 13-17 (must be Hong Kong permanent residents or have the legal right to stay in Hong Kong)

輔導服務 Counselling Services

- 受家暴影響的人士及家庭
- 遇到家庭紛爭的人士
- Individuals and families suffered from domestic violence
- Individuals with family conflict

治療小組 Therapeutic Groups

- 受虐者及施虐者支援小組
- 施虐者輔導小組
- 親職教育小組
- 故事 / 音樂 / 表達藝術治療小組
- 善意溝通小組
- Supportive group for victims and batterers of domestic violence
- Batterers Intervention group
- Parenting Educational group
- Storytelling / music / expressive art therapeutic group
- Compassionate communication group

服務對象： 受家暴影響人士 / 家庭，包括男性或女性的施虐者、受虐者、受虐兒童及目睹家暴兒童

Service Target： Individuals / families facing domestic violence, including male batterers, women using force, male / female victims, abused children, children witnessing domestic violence

申請方法： 自行致電熱線 / 經社工及其他專業人士轉介

Application: Self-approach through hotlines / referral by social worker or other professionals

費用： 全免
Charges: Free



預防性服務

Preventive Services

公眾教育

Community Education

- 和諧家庭 / 預防家庭暴力講座
- 親職工作坊
- 善意溝通 / 減壓 / 五感體驗工作坊
- 義工訓練
- 展覽、傳媒宣傳、刊物出版、政策倡議
- Talk on family harmony / prevention of domestic violence
- Parenting workshop
- Non-violent communication / stress relief / five senses experiences workshop
- Volunteer training
- Exhibition, media promotion, publication, advocacy

服務對象：

有興趣人士 / 團體

Service Target:

Individuals / organisations



義工報名
Volunteer
registration



公眾教育講座申請
Application of
community education
talk

校本教育支援服務

School-Based Education Services

- 預防戀愛暴力講座 / 善意溝通工作坊
- Dating violence prevention talk / Compassionate communication workshop

服務對象：

中一至中六學生

Service Target:

Secondary school students S.1-S.6

- 情緒教育服務：和諧快線流動車 / 工作坊 / 講座 / 治療小組 / 體驗活動
- 善意溝通推廣教育：工作坊 / 講座 / 治療小組
- 親職教育服務：工作坊 / 講座 / 小組 / 親子體驗活動
- Emotion education: Harmony Express mobile classroom / workshop / talk / therapeutic group / experiential activity
- Compassionate communication education: workshop / talk / therapeutic group
- Parenting education: workshop / talk / group / parent-child experiential activity

服務對象：

幼稚園、小學學生及家長

Service Target:

Students and parents of kindergarten and primary school

專業培訓

Professional Training

舉辦辨識及處理家暴培訓講座予下列人士：
Hosting training on identification and handling skills of domestic violence cases for the targets below:

- 老師 Teachers
- 社工 Social workers
- 輔導員 Counsellors
- 警察 Police officers
- 醫護人員 Medical staff
- 宗教團體 Religious bodies



校本教育支援服務申請
Application of
school-based
education services



專業人士講座申請
Application of
professional training
talk

婦女及兒童庇護中心

Shelter for Women and Children

☎ 24小時婦女求助熱線：2522 0434
24-hour Woman Hotline: 2522 0434

📠 2336 5842

✉ hhshelter@harmonyhousehk.org

📍 通訊地址：九龍尖沙咀郵政信箱 99068 號
Correspondence address: P.O. Box 99068, Tsim Sha Tsui Post Office, Kowloon

🕒 星期一至日24小時
Mon to Sun 24 hours

賽馬會和諧一心家暴防治中心

Jockey Club Harmony Link
Domestic Violence Prevention Centre

☎ 2342 0072

📠 2304 7783

✉ hhl@harmonyhousehk.org

📍 九龍觀塘樂華(南)邨安華樓地下B翼
Wing B, G/F, On Wah House,
Lok Wah (South) Estate, Kwun Tong, Kowloon

🕒 星期一至六 上午 10:00 至下午 6:00
(公眾假期除外)
Mon to Sat 10:00am - 6:00pm
(except Public Holiday)



和諧徑

Harmony Lane

☎ 3153 5712 📠 3153 5715 📞 6144 5334

✉ harmonylane@harmonyhousehk.org

📍 新界葵涌石籬(一)邨石安樓地下 B2-3 室
Rm B2-3, G/F, Shek On House, Shek Lei (1)
Estate, Kwai Chung, New Territories

🌐 <http://harmonylane.harmonyhousehk.org>

🕒 星期一至六 上午 10:00 至下午 6:00
(公眾假期除外)
Mon to Sat 10:00am - 6:00pm
(except Public Holiday)



和諧家庭空間

Family Harmony Space

☎ 2718 8821 📠 2506 2362 📞 2718 8821

✉ harmonyspace@harmonyhousehk.org

📍 新界元朗泰祥街2-8號大鴻輝(元朗)商業大廈
Unit A, 10/F, Tai Hung Fai (Yuen Long)
Commercial Building, 2-8 Tai Cheung Street,
Yuen Long, New Territories

🌐 <https://harmonyspace.harmonyhousehk.org>

🕒 星期一至六 上午 9:30 至下午 1:00 及
下午 2:00 至下午 6:00 (公眾假期除外)
Mon to Sat 9:30am - 1:00pm &
2:00pm - 6:00pm (except Public Holiday)



如欲了解更多，
請登入 www.harmonyhousehk.org





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Kindle Light Of Hope
Foster Family Harmony



熱線電話 Hotlines

24 小時婦女求助熱線
24-hour Woman Hotline

2522 0434

MAN(男士)熱線
MAN Hotline

2295 1386

小白兒童熱線
Bunny hEars Children Hotline

2751 8822