Think ... whether you have experienced or are experiencing the following situations?

Has / have your partner / family member(s) ever directly or indirectly.....



to harm

Controlled

Sexually assaulted you

you

you



Harassed

lackmaile

Scan the QR Code

To conduct a self-assessment of domestic violence risk

Contact Us

Jockey Club Harmony Link Domestic Violence Prevention Centre



How to get there Minibus: 22M, 22A, 48, 89A, 89C

Bus: 2A, 13X, 23M, 28, 28B, 213X, 619

Opening hours

Monday to Saturday: 10:00 a.m. - 6:00 p.m. (Except Public Holidays)



Wing B, G/F, On Wah House, Lok Wah (South) Estate, Kwun Tong, Kowloon, Hong Kong







hhl@harmonyhousehk.org



www.harmonvhousehk.org



o harmonyhousehk



- Enhance public awareness and knowledge towards domestic
- Public Education Talks (Prevention of domestic violence / Parenting / Compassionate communication / Self-care)
- Community Education Exhibition / Video Sharing



- Provide support to parents and caregivers of elderly, to learn relaxation and self-care skills
- Monthly Gathering for relaxation and experiential activity
- for Caregivers Parent-child programs



Education

for Children

■ Through storytelling, we aim to help children express their emotions through appropriate means, establish good interpersonal relationships, and provide early identification of children facing domestic violence



■ To help victims of domestic violence plan their future living during/after divorce or separation





Organize monthly gatherings for people who are currently or have faced domestic violence, to allow them to share their experiences, and encourage one another

Target:

- Abused Women/ Women Using
- Abused Men / Male Batterers ■ Intimate Partners / Couples
- Children under the age of 12 who are affected by family conflicts



- Provide therapeutic services to victims or batterers who are facing or have faced domestic violence
- Relieve negative emotions caused by domestic violence, cure and heal from pain
- Enhance resilience and problemsolving skills when dealing with family conflicts
- Enhance self-protection skills and personal resources
- Assist with adapting to environment changes and facing the future

Hotline Services







Moving Forward Against Domestic Violence Project

Each year, a staggering number of cases involving domestic abuse among spouses, cohabiting couples, children, and the elderly are reported. We are committed to the mission of "Zero Tolerance Against Domestic Violence", and the project aims to provide comprehensive support services to victims of domestic violence, empowering them to build resilience, further to break free from the cycle of abuse. Through various community education programs, we hope to promote harmonious family relationships, change the public's misconception towards domestic violence, work together to combat it, and build a harmonious community.

Project Objectives

- Learn to manage conflicts between couples through non-violent communication
- Increase awareness and knowledge of dating violence prevention for teenagers
- Provide support to children who have experienced or witnessed domestic violence, helping them to develop skills to cope with family conflicts

- Enhance caregivers' emotional regulation and stress management skills to prevent domestic
- Raise public awareness of the needs and available supports for victims of domestic





Service Scope: Territory-wide

Service Target

- Abused Women/ Women Using Force
- Abused Men / Male Batterers
- Abused Children/ **Children Witnessing Domestic Violence**
- Caregivers
- **Intimate Partners / Couples**
- Public

Application Method

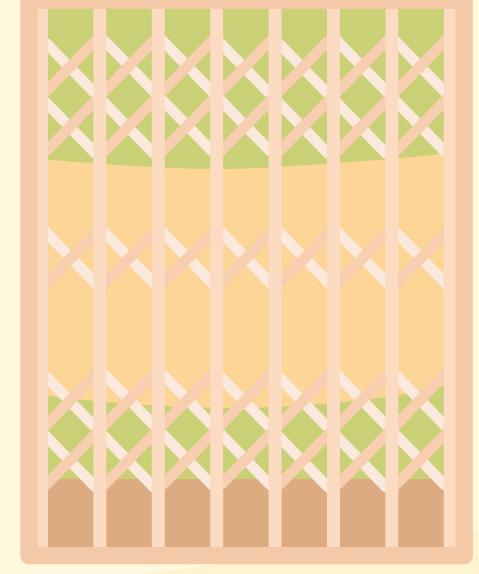
- Self-approach through 2342 0072
- Referral by Social Workers or Professionals

Scan the QR Code



To enroll for activities

The Hong Kong Jockey Club **Community Project Grant Moving Forward Against Domestic Violence Project**



Funder







HARMONY HOUSE

Organizer







Fold the exterior side of the graphic inwards and Bring Out the Graphics of the Granny and Grandson





